

Full Report (All Nutrients) 45030518, GOYA, FROZEN RECAITO, UPC: 041331090568

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer GOYA FOODS, INC.

Nutrient	Unit	Data points	Std. Error	1 tsp 7g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	0	0
Protein	g	--	--	0.00	0.00
Total lipid (fat)	g	--	--	0.00	0.00
Carbohydrate, by difference	g	--	--	0.00	0.00
Minerals					
Sodium, Na	mg	--	--	90	1286
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	2.4	34.3

Lipids

Amino Acids

Other

Ingredients

GREEN PEPPER, ONION, WATER, SALT, CILANTRO, SOYBEAN OIL, GARLIC POWDER, SPICES, MONOSODIUM GLUTAMATE, POTASSIUM SORBATE, GUAR GUM, CITRIC ACID AND SODIUM BENZOATE TO PRESERVE FRESHNESS. *Date Last Updated by Company: 07/24/2015*